

ACTIVITY GUIDE



THE ALMANAC

IT'S NOT TOO LATE



Empowering learners

to change the world



Inspiration in Action!

Dear All,

Aristotle believes that man is a social animal, Rousseau's provides an interesting view to this by asserting that the society corrupts the human soul. All in all, sociological thinkers believe that man is either a product of the society or the society a product of man. There is a relationship!

Aagaz+ project introduces the learner to the importance of the social environment to our everyday life. It is true that the social environment in which individuals and communities evolve influences their everyday activities. Experiences in the family, at work, with friends and in the community contribute to the overall development of individuals. It is said that there is a very clear link between the social skills and the success that can be encountered in the different areas of life.

There is this urgency to ACT. We hope you are ready to spring into action. AND, we invite you to take a pause before you do. Take a deep breath. Gather yourself. Allow inspiration to fill you up in equal measure alongside the outrage.

Then, come join us for The Aagaz+ Project. We'll be glad to see you and ready to point you in the direction of making your own meaningful difference in this effort that affects us all. We are building a movement of difference-makers who know that, together, we can do just about anything. It is not too late. If you are reading this, you are already making a difference. When you share it with someone, you amplify your impact, and ours. If you want to do even more, The Sulabh Sanitation Club needs you. We need your perspective. We need your passion. We need YOUR energy.

This Almanac will enlighten you on what the clubs offer as activities and how these activities may impact your future job hunting efforts. We hope this will stand as a testament to how close we came to a bad outcome, and as a reminder that humans can do more good than harm if we point our collective efforts in a shared direction. The time is now. Let's go!

THANK YOU.

Rupak Roy Choudhury

APRIL: BEST OUT OF WASTE

The School has to conduct an activity “BEST OUT OF WASTE” by using unwanted materials in the most productive way. Be it the thermocol, plastics, used papers, match box and etc. This form of art helps our environment from all those non-biodegradable waste products. This activity should be completed before **15th April** and images and videos sent to us. We shall personally be visiting your school to see and access the work done by your students. Please find some examples:

1. Paper Mache (Toilet)
2. Paper bags with Slogans on Anti Plastic
3. Stuff toys- water drops, menstrual hygiene, soap, hands, germs
4. Wall Decorations on Water or Climate change
5. Foil paper Craft on Climate change or Sanitation
6. Paper carnations,
7. Puzzles & Games
8. Puppets
9. Paper plate craft
10. Files and folders
11. Paper coiling

Time lapse videos of students making the craft themselves need to be sent to us for uploading. We shall not be accepting any images or videos that do not indicate or prove the making of the craft by the students themselves.

VARIOUS WASTE MATERIAL USED FOR MAKING USEFUL PRODUCTS

- Old Newspaper
- Notebooks and chart paper
- Cardboard and book cover
- Paper plates, spoons and disposable glass
- Pens and refills
- Old CDs and DVDs
- Toothpicks and matchsticks
- Dry stem of plants and trees
- Mango seeds
- Seeds of various fruits
- Old curtains & table covers
- Used foil paper
- Jute rope
- Plastic bottles
- trings and sequences, etc.



MAY: MENSTRUAL HYGIENE DAY

Menstrual Hygiene Day is to be observed on **28th May** through several activities. Regular sessions can be conducted by the teachers and the Sanitation Club Team members on what is Menstruation? How to deal with it? What to use? How to dispose it etc.

They can share their first experience and make them understand that it is a natural phenomenon. Empower the students to break the taboos. They can conduct survey on MHM etc., amongst their local school students or in some selected community. This activity should be completed by **28th May** and the action videos or images should be sent to us by 12 PM the same day.

ORGANISING COMPETITION

Several Competitions related to water, sanitation, climate change or health can be organized by your School Sanitation Club members in various disciplines, namely:

- Essay writing
- Slogan writing
- Painting
- Power Point Presentation
- Cartoon Making

All submissions by the students should be original and not copied from the web. The school and the students should therefore give an undertaking about the same- that it is a self-composed & original piece of art or write –up. Please upload your pictures, video, or any other matter by **15th May 2024**



JUNE: WORLD ENVIRONMENT DAY - 5TH JUNE & YOGA DAY CELEBRATION- 21st JUNE

June 5 seeks to focus on the state of the global environment. It commemorates the start of UN conference on the human environment, Stockholm, held in 1972. A unique theme and slogan is selected each year.

Schools can organize a **Start Up Exhibition** by calling school students to make innovative products on air / water pollution, solid waste disposal techniques, water conservation techniques, develop apps related to climate change or disaster response or even develop new tool kits for water sanitation & hygiene campaign. A particular school club can hold this event and also invite other schools in the vicinity to join them for this inter-school event.

Additional bonus points shall be awarded to the school holding such a Start Up event. Sulabh Sanitation Club shall be providing certificates to every participant and also consider giving award to the winners. The host school shall not be considered for a prize but a special award shall be given to the school for holding this event.

The, number of schools participating, number of participants and detail of the models to be displayed therein, the date of the event, etc., should be shared through a mail with Sulabh Sanitation Club by the host school at least 10 days ahead of the event.

Yoga Day is celebrated annually on **June 21** to spread awareness about the benefit of yoga meditation worldwide. Yoga Day Celebration is to be observed in mass scale by involving 100 students either on the ground or inside the auditorium. Schools should be Uploading the picture by 12 pm, same day.



JULY: TOILET CLEANING & WASH ROOM CLEANLINESS CAMPAIGN

School Toilet plays an important part in the school. Keeping it clean, functional and usable is our responsibility. Therefore toilet & wash room cleaning activities can be organized on a rotation basis from classes VII and beyond.

Special Sessions by the Sanitation Club teacher can be conducted for the students to dwell on the issues like - how to use toilet? How to keep it clean? Why toilet is important? What is ODF? Sanitation Club members can also supervise whether the sweeper is cleaning the toilet or not on a regular basis or participate with them in cleaning the wash room.

Schools can take up activities like weeding out dead grass or leaves from the school compound, Weeding out of the old files, records as per the procedure, disposing of broken furniture, unusable equipment, etc. It can also conduct a survey about the number of leaking taps or pipes, damaged toilet pans or doors, damaged electrical switches etc. and submit the same to the principal with a copy to our mail- **sulabhsanitationclub@gmail.com**

All school students should be involved in the daily cleaning of their school premises. It will help to inculcate good habits, such as a sense of responsibilities and care amongst the students. Cleaning can be carried out at various places before the first period/lesson or after the school is over. This activity should be conducted in the month of July latest by 28 July. Pictures should be sent to us by 28 July, before the school closes for summer vacation.



AUGUST: ACTIVITIES

The following activities can be organized by School Sanitation Club members in various disciplines like water conservation, menstrual hygiene, hand washing, climate change, plastic free school etc.,. The school may invite other school students to attend the same and give their ideas and suggestions. The students can present papers on the occasion. They can possibly do the activities as per the following:

- Self-composed Songs
- Self-composed Rhymes
- Self-composed Rap
- Jingles(Self composed)
- Act (self-composed script)
- Theme based Dance & Fashion show with clothes made out of trash materials.

All submissions by the students should be original and not copied from the web. The school and the students should therefore give an undertaking about the same- that it is a self-composed & original piece of lyric, script or music. All pictures, videos should be sent to us by **15 August.**



SEPTEMBER: RALLY

The School will organize a rally on “Anti-Plastic” or “Clean Sikkim” in the community. Please involve as many people as you can. The group can visit the local DC and take his blessings or video message. The group can also organize SMC members meeting in the school by involving the Panchayat members to inform them about the good work done by the school from April till August.

The rally should be organized with proper placards and banners of San. Club . banner of NSS or NCC may also be used but visibility of Sanitation Club banners should also be ensured. The same can be organized between 5-10 th of September. Please send us the pictures and videos by September 11 to be uploaded in the Washapp.

OCTOBER: HAND WASHING DAY CELEBRATIONS

Hand washing activities should be organized by your Sanitation Club members. It can be mass hand washing or group hand washing where Sanitation Club members can impart knowledge or demonstrate the different steps on the same.

This should be organized on 15th October under the supervision of school leaders and Sanitation Club leaders and teachers. Poster making Competition, Jingles on hand washing, mass hand washing in school assembly are some good ideas. Please upload all pictures, videos on the same day by 12 noon.





SULABH AWARD CRITERIA

Your school's efforts will be evaluated according to the following principles:

a. The degree of achievement of the objectives laid down here. We will consider the number of young people who took part in the implementation of the project and the outreach attained.

b. Particular consideration will be paid to activities /efforts with a inter school dimension, involving young people from more than three schools in any of its activities.

c. The creativity and innovative nature of the activity, offering original initiatives.

d. The commitment and dedication of the school, its teachers & students in carrying out all the activities sincerely every month (without any disruption or excuse) The same shall be monitored and reviewed by Education department officials through the Wash App handle.

e. The participating schools, through its teachers must have attended all the online G Chat meetings held by us from time to time.

f. The Top Five Teams shall be required to attend an online interview with our expert panel between 10th and 11th November 2024. The time slot provided for interview must be strictly adhered. In the event, a team does not report for the interview at the allotted time, their candidature shall be forfeited.

g. The ideas in any activity/ies should be original. If at any stage of competition, plagiarism is discovered by us, the participating school shall be disqualified and next school shall be offered a chance to enter the fray.

h. At each stage of the event, decision made by Sulabh Sanitation Club shall be binding on all participating school.

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SULABH SCHOOL
SANITATION CLUB



**Sulabh Sanitation Club believes
that young people
must play a central role
in social change efforts.**

We value:

Your Voice

Your Leadership

Your Power

